

Adventure Trips

See page two for specific trip needs

The following is suggested for a one-week period*. These are guidelines for your convenience—adjust to your needs. It is a good idea to send mostly older items since outdoor fun can be hard on clothes. Please assist your camper with packing to help eliminate items arriving at camp that do not belong (cell phones, video games, expensive audio equipment, trendy clothing or expensive jewelry) and items that are prohibited (weapons, tobacco, drugs, alcohol and any other substances that can be used in an illegal manner).

*Laundry is done on an as needed basis for campers attending two or fewer weeks. Campers attending three or more consecutive weeks will have their laundry done every two weeks.

Please Remember to Label ALL of Your Camper's Belongings!

REQUIRED FOR ALL ADVENTURE TRIP PROGRAMS:

Clothing

- 1 pair of sneakers
- 1 pair of comfortable hiking boots
- 1 laundry bag w/ name
- 2 sets of pajamas
- 7-8 T-shirts
- 4-5 pairs of shorts
- 2-3 pairs of long pants
- 10 pairs of underwear
- 10 pairs of socks
- 2 bathing suits
- 1-2 UV protective/rash guard shirts
- 1 long sleeved shirt
- 1 light jacket
- 1 sweatshirt
- 1 raincoat (NO PONCHOS)
- 1 pair of CLOSED TOE water shoes

Bedding

- 1 set of fitted and flat sheets (twin)
- Sleeping bag – compact, avoid cotton
- Stuff pack for sleeping bag
- 1 pillow
- 1 pillow case

Optional Items

- Camping Chair
- Camera (inexpensive- waterproof ideal!)
- Wool hiking socks (5 pairs)
- Fleece jacket/sweater
- Sleeping Pad

Bath/Personal Care

- 2 bath towels
- 2 wash cloths
- 1 smaller towel for trips
- 1-2 beach towels
- 2 Reusable Water bottle (labeled, with screw on top)
- Sun block—SPF 30 or higher/broad spectrum/waterproof
- Sun glasses
- Hat/visor
- Deodorant
- Comb and brush
- Soap and shampoo
- Toothbrush and toothpaste
- Flashlight or headlamp with batteries
- Insect repellent
- Postcards/ paper & pen/stamps
- Day Bag
- Books for leisure reading
- Strap for glasses & sunglasses

- Sock liners
- Field Guides
- Binoculars
- Bungie Cords/Pack straps
- Rain Pants
- Fishing Rod and Tackle Box

ITEMS FOR SPECIFIC TRIPS – IN ADDITION TO MAIN PACKING LIST

RIVER TRIPS:

- Extra Hat or Visor
- Extra SPF Rash Guard
- Strap for glasses/sunglasses
- Optional: Dry Bag (we can supply)

PIONEERS:

- Jeans or Riding Pants for horseback riding

CLIMBING TRIPS:

- Rock climbing shoes or sneakers
- Light-weight long pants for climbing (NO JEANS)
- Optional: Leather Gloves, appropriate to hand size

HIKING TRIPS:

- Appropriately fitted Frame Backpack (we can supply) with rain cover
- Backpacking Sleeping Bag (must stuff into a stuff sack, avoid cotton)

Please give camp a call for gear help! 973-383-9282

Remember to have your child try on all of their gear before they come to camp – blisters are the WORST and new shoes are the number-one culprit for sore feet!

Not sure where to shop? Our staff loves:

CAMPMOR www.campmor.com (on Rt. 17 in Bergen County)

REI www.rei.com (Rt. 10 in E. Hanover, Rt. 17 in Bergen County & other locations in NJ & NY)

CABELAS www.cabelas.com (I-78 W in PA)

SIERRA TRADING POST www.sierra.com (Rt. 10 in E. Hanover, Rt. 22 in Watchung, & Dunning Rd. in Middletown, NY)