



Welcome to Basketball Camp!

FROM THE DIRECTOR

We can't wait to see you at Basketball Camp!

Our team has been hard at work all year preparing for a summer to remember. We have been busy preparing great activities to keep every camper happy and engaged, and to help them grow. Our goals for summer include:

- Gaining social skills
- Becoming more independent
- Growing in confidence
- Developing athleticism

The following information will help you know what to expect this summer. For more detailed information on our policies and procedures, please view our [Camp Guide](#), located on the website.

Please reach out if you have any questions. See you soon at Basketball Camp!

Camp Director: Michael Laughner

Email Address: mlaughter@metroymcas.org

CAMP LOCATION

240 Franklin Ave, Maplewood NJ

CONTACT US

Camp cell phone: 862-438-1730

metroymcas.org/



CAMP CHECKLIST

- Please talk with your child about camp – it's normal to feel nervous or anxious, especially when it's your child's first time at a camp. Connect with the Camp Director ahead of camp if you have any concerns. Attend a Camp Orientation or Meet and Greet to meet the counselors and learn more about the daily schedule.
- Leading up to camp, ensure your child is familiar with their belongings and everything is labeled. Review or practice daily routines such as getting changed for swimming or re-packing their backpack.
- Be sure to leave plenty of time on the first day to get ready and to eat breakfast.
- Establish a routine, and be prepared that your child may be upset at drop off. Tell them who will be picking them up that day, and please let our staff know and we will gently help your child get involved in an activity and the tears will soon disappear.

LOST AND FOUND

- Clearly label with your child's full name any clothing and possessions that your child brings to camp.
- "Found" items that have campers' names on them are usually returned the same day or the next day
- Please leave all valuables and electronics at home. Check out our [cellphones and screens policy](#) here.

ALLERGY AWARE

- Please ensure that you inform us of known food allergies on the health form and discuss strategies to minimize risks with the Health Care Manager or Camp Director, so we can inform your child's counselors.
- Please provide a Physicians Care Plan and medication as needed.
- Review our [health policies](#) here.



TOP TIPS FOR A GREAT START TO CAMP

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DROP-OFF & PICK- UP PROCEDURES

- Drop-off or sign-in: 240 Franklin Ave with SMY basketball staff under white tent. Please check in with basketball staff.
- Pick up or sign-out: St. Joseph's Church – Gymnasium Location site 240 Franklin Ave, Maplewood: Pickup will be drive-up. Please enter the parking lot on Franklin Ave, and exit on Hilton. No getting out of your car.
- Early pick-up procedure: We ask that you please make Senior Basketball Camp Counselor, Coach Ben or Coach Rafeeq aware ahead of time, or call the camp-site phone to make arrangements, and we will have child ready for early pick-up.

COMMUNICATION

- Emails:
 - mclaughner@metroymcas.org
 - aduncan@metroymcas.org
- Camp Cell phone – hours that it will be checked from 7:30am – 6:00pm, outside of those hours, please email mclaughner@metroymcas.org.
- Link to Camp Calendar or Camp Themes



WHAT TO PACK FOR CAMP CHECKLIST

BACKPACK The following items should be in your camper's backpack:

☐ Lunch, labeled with name.

☐ Non-spoilable or pre-heated food and drink (there is no refrigeration or microwave available for food)

☐ No gum or nuts of any kind

☐ Labeled water bottle (water fountain available at camp site for refills)

☐ Sunscreen ** This is often a forgotten item, but incredibly important! **

☐ **NO ELECTRONICS.** We understand that some campers have phones and watches to communicate with parents when necessary. We ask that these items are kept away and if campers need to contact parents for any reason, they should let a camp staff member know.

☐ **SNEAKERS** We will be constantly on the move- walking between activities, playing games, dancing and jumping! For their safety, they need to have sneakers to be able to participate in all of these activities. Dressy shoes, open toed shoes, sandals and flip flops will NOT be permitted.

☐ **HATS/SUNGLASSES**

☐ A hat is a great way to keep the sun out of your eyes and help keep you cool while outside. We ask that these items are not worn indoors.